## Uniform Policy

* The Personal Best trainer polo shirts must be worn at all times whilst training inside a Personal Best studio or at a clients’ home or office.
* Personal Best T-shirts may be worn during outdoor training sessions or in office/ home sessions that have a component of outdoor activity.
* Shorts must be either navy blue or black in colour and may be a dress or athletic short. Stripes etcetera on shorts are not acceptable.
* Tracksuit pants may be worn and must be either navy blue or black in colour. Stripes etcetera on tracksuit pants are not acceptable.

All trainers are required to dress in a manner that is clean, neat and appropriate. Polo and

T-shirts will be provided by Personal Best. It is the responsibility of the trainer to provide their own shorts / track pants. Personal Best jackets are also available at cost price to the trainer.

The above policy is to help us create the most professional personal training studio possible.